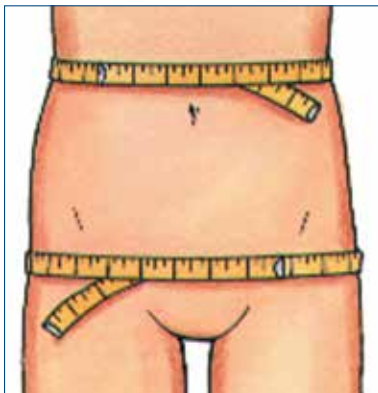




TENA® Stretch Brief Sizing Instructions

To determine the accurate size, measure the individual's waist or hips (whichever is larger) and follow the chart below. The size of the brief is printed along the length of the wetness indicator.



Sizes

STRETCH ULTRA

Medium/Regular (lavender)

Large/X-Large (beige)

STRETCH SUPER

Medium/Regular (green)

Large/X-Large (green)

Available for the needs of larger/taller individuals

Stretch Ultra 2XL (white)

New & Improved!

Stretch 3XL Bariatric (green)

Fits Waist/Hips

33" - 52" / 84 - 132cm

41" - 64" / 104 - 163cm

33" - 52" / 84 - 132cm

41" - 64" / 104 - 163cm

64" - 70" / 163 - 178cm

69" - 96" / 175 - 244cm

You will generally find that women have larger hips while men have larger waists.

Questions? Contact us:

1.866.722.6659 | info.usa@tena.com | www.tena.us



TENA® Stretch Brief Size-Wise Chart

Use this quick & easy reference guide to determine the appropriate TENA® Stretch Brief size.

		WEIGHT (Lbs.)																																													
		100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180	185	190	195	200	205	210	215	220	225	230	235	240	245	250	255	260	265	270	275	280	285+								
HEIGHT (Feet/Inches)	4'11"																									TENA® Stretch Ultra Medium / Regular (lavender)				TENA® Stretch Ultra Large / X-Large (beige)								TENA® Stretch Ultra 2XL (white)									
	5'0"																									TENA® Stretch Ultra Medium / Regular (lavender)								TENA® Stretch Ultra Large / X-Large (beige)								TENA® Stretch Ultra 2XL (white)					
	5'1"																									TENA® Stretch Ultra Medium / Regular (lavender)								TENA® Stretch Ultra Large / X-Large (beige)								TENA® Stretch Ultra 2XL (white)					
	5'2"																									TENA® Stretch Ultra Medium / Regular (lavender)								TENA® Stretch Ultra Large / X-Large (beige)								TENA® Stretch Ultra 2XL (white)					
	5'3"																									TENA® Stretch Ultra Medium / Regular (lavender)								TENA® Stretch Ultra Large / X-Large (beige)								TENA® Stretch Ultra 2XL (white)					
	5'4"																									TENA® Stretch Ultra Medium / Regular (lavender)								TENA® Stretch Ultra Large / X-Large (beige)								TENA® Stretch Ultra 2XL (white)					
	5'5"																									TENA® Stretch Ultra Medium / Regular (lavender)								TENA® Stretch Ultra Large / X-Large (beige)								TENA® Stretch Ultra 2XL (white)					
	5'6"																									TENA® Stretch Ultra Medium / Regular (lavender)								TENA® Stretch Ultra Large / X-Large (beige)								TENA® Stretch Ultra 2XL (white)					
	5'7"																									TENA® Stretch Super Medium / Regular (green)								TENA® Stretch Super Large / X-Large (green)								TENA® Bariatric 3XL (green)					
	5'8"																									TENA® Stretch Super Medium / Regular (green)								TENA® Stretch Super Large / X-Large (green)								TENA® Bariatric 3XL (green)					
	5'9"																									TENA® Stretch Super Medium / Regular (green)								TENA® Stretch Super Large / X-Large (green)								TENA® Bariatric 3XL (green)					
5'10"																									TENA® Stretch Super Medium / Regular (green)								TENA® Stretch Super Large / X-Large (green)								TENA® Bariatric 3XL (green)						
5'11"																									TENA® Stretch Super Medium / Regular (green)								TENA® Stretch Super Large / X-Large (green)								TENA® Bariatric 3XL (green)						
6'0"																									TENA® Stretch Super Medium / Regular (green)								TENA® Stretch Super Large / X-Large (green)								TENA® Bariatric 3XL (green)						
6'1"																									TENA® Stretch Super Medium / Regular (green)								TENA® Stretch Super Large / X-Large (green)								TENA® Bariatric 3XL (green)						

Please note: this tool serves as a guideline only.



Traditional Brief Sizing

TENA® Stretch Ultra and Stretch Super Brief Sizing

